LUNCH MENII



Apps & Sides

Hummus Platter

Made In-House with Garlic, Tahini, Lemon, toasty Pita. \$8 Pita + Veggies \$9 All Veggies \$10

Buffalo Breasts

Grilled Chicken Strips, Buffalo Sauce, Bleu Cheese, Baby Carrots. \$8.75

Red Beans & Rice

Seasoned Rice & Beans. \$6

Edamame

Warmed, lightly salted. \$6.5

Veggie Pasta Salad

Fresh Veggies, Italian Seasonings, Parmesan Cheese, Lite Caesar Dressing. Large \$11 Small \$6.25

From the Garden

Gary's Garden Salad

Romaine, Mixed Greens, Seasonal Veggies. Full \$9.25 Half \$6.5

Classic Caesar Salad

Crisp Romaine, Parmesan, Lite Caesar Dressing, House Garlic Croutons. Full \$9.5 Half \$6.5

Top any Salad with:

Grilled Chicken \$6 (Make it Dirty or Buffalo, add \$1) Grilled Shrimp \$7.5 Grilled Yellowfin Tuna (served Med-Rare) \$9 Crab Cake \$12

Dressings: Ranch, Honey Mustard, Golden Italian, Bleu Cheese, House Honey Mustard Vinaigrette, Red Wine Vinaigrette, Lite Caesar, Asian Sesame

Healthy Kids' Menu

Toppings for sandwiches available upon request. All Sandwiches come with Baby Carrots.

Turkey Breast & Cheese

Turkey Breast, American Cheese, Whole Wheat. \$5.5

Hot Diggity Turkey Dog

A Healthy Alternative \$5.5 Add Cheese for \$1

Dino Bites

Dinosaur shaped Chicken Nuggets, grilled, not fried. \$6

Kids' Grilled Cheese

A smaller version of our Classic, served on Whole Wheat. \$5.5

PB & J

Grape Jelly, Creamy Peanut Butter, Whole Wheat. \$5.5

Sandwiches & Wraps

Build-Your-Own Sandwiches (unless otherwise noted) with available toppings. Substitute Side Salad, Grilled Veggies, Red Beans & Rice or Veggie Pasta Salad \$3.5

Sandwiches served on your choice of Multi-grain Kaiser, Whole Wheat, or Rye (unless otherwise noted). Wraps available on Plain or Tomato Flour Tortillas. All Sandwiches and Wraps come with Herr's Ripple Chips and a Dill Pickle Spear.

The Original Turkey Cheese Steak 🐲

Our best seller! Chopped Turkey Breast, melted American Cheese, toasty 10" Amoroso Sub Roll. \$11 Make it a Buffalo Turkey Cheese Steak, add \$1

Or...Have it in a Wrap instead, with your choice of Plain or Tomato Wrap and available toppings.

Gary's Famous Turkey Burger 烂

A 1/2 pound Turkey Burger blended with Gary's own Mixture of Seasonings. \$11

Or...Have it in a Wrap instead, with your choice of Plain or Tomato Wrap and available toppings.

Turkey Burger Royale with Cheese

Our Famous Turkey Burger topped with melted American Cheese, shredded Lettuce, Dill Pickle, Raw Onion, and Mac-Shaffer Sauce. \$12.5

Crab Cake Sandwich

Hand-Made in Crisfield, MD, with Eastern Shore Seasonings. \$14.5

Yellowfin Tuna Steak Sandwich

Seasoned and grilled Med-Rare (unless otherwise

Blackened Tuna Wrap

Blackened Yellowfin, House Pico, Dirty Rice, Lettuce. \$14

Buffalo Chicken Wrap

Grilled Chicken, Buffalo Sauce, Lettuce, Tomato, Bleu Cheese or Ranch Dressing. \$11

Southwest Wrap

Grilled Chicken Breast, Cheddar Cheese, House Pico, Red Beans & Rice, Lettuce, Texas Pete Hot Sauce. \$11.5

Chicken Caesar Wrap

Grilled Chicken Breast, crisp Romaine, Lite Caesar Dressing, Parmesan Cheese. \$10

Zatty Wrap

Grilled Chicken Breast, Cheddar Cheese, Honey Mustard, Bacon, Lettuce, Tomato. \$12

Traditional BLT Sandwich

Toasted Whole Wheat or Rye, Bacon, Lettuce, Tomato, Mayo. \$7.5

Double Dog with Cheese

2 grilled Turkey Do gs, melted American Cheese, toasty 10" Amoroso Sub Roll. \$7.75

Veggie Melt 🐙



Seasoned Grilled Veggies, melted American Cheese, Lettuce, Tomato, toasty 10" Amoroso Sub Roll. \$9.25

Or...Have it in a Wrap instead, with your choice of Plain or Tomato Wrap and available toppings.

Cali Garden Burger 🞏



100% Natural Ingredients, Certified Vegan. \$8.5

Grilled Cheese

BEST. GRILLED CHEESE. EVER.

Thick-sliced Wheatberry Wheat Bread, melted American Cheese. \$7.5

Gary's Fresh Baked Turkey Breast

Sandwiches served on your choice of Multi-grain Kaiser, Whole Wheat, or Rye (unless otherwise noted). All Sandwiches and Wraps come with Herr's Ripple Chips and a Dill Pickle Spear.

Substitute Side Salad, Grilled Veggies, Red Beans & Rice or Veggie Pasta Salad \$3.5

Build-Your-Own Turkey Breast Sandwich

Carved in-House and piled high. \$11

Double-Decker Turkey Club

3 pieces of toasted Whole Wheat, Lettuce, Tomato, Mayo, crispy Bacon. \$13.5 Add Cheese \$1

Turkey Reuben

Grilled Seeded Rye Bread, Sauerkraut, melted Swiss Cheese, 1,000 Island Dressing. \$12

Thanskgiving Wrap

Homemade Stuffing, Whole Berry Cranberry Sauce, Mayo. (Plain or Tomato Wrap) \$12

Available Toppings:

For Free: Lettuce, Tomato, Grilled or Raw Onions, Heinz Ketchup, Gulden's Spicy Mustard, French's Yellow Mustard, Low-Fat Mayo, Crushed Hot Peppers, Sweet Pepper Strips, Cocktail Sauce, **Tartar Sauce**

Avocado, Bacon, Grilled Mushrooms, Jalapenos, Cranberry Sauce, House Pico \$1

Cheese: American, Swiss, Provolone, Cheddar \$1

Fresh Fruit Smoothies

20 oz Smoothies made with Your Choice of Fruit:

Strawberry, Mango, Banana, **Blueberry, Pineapple**

Blended with 100% Orange Juice and Low-Fat Vanilla Yogurt. \$6

Add Whey Protein or Peanut Butter for \$2 *Dairy-Free Upon Request

